

MCSA News

PO Box 1122 * Shelton, WA

521 W. Business Park Road * Shelton, WA 98584



June 2019

Volunteers Needed!

By Lynn Ludeman

We need someone to routinely clean the meeting and bathroom, either one dedicated or multiple volunteers, spelling off weeks with other members also doing this task. The more people who are willing to help, the less often your turn would come around!

Always looking for Interns for Board Offices – see or contact any board member for more specific to task information.

Junior Program Help – The Jr Program is currently off for the Summer, but will start up again closer to the beginning of the school year. It's a great time to think about making plans and getting organized, though and we are looking for help in the meeting room or as RSO and / or Coach. Contact Jr Program Director Pat Casey for more information, 360-432-9306 or pcaseyartist@gmail.com

Become a Range Safety Officer - Every shooting event at MCSA is an opportunity to serve as RSO. If you have your current certification, please consider volunteering as an RSO. If you don't, but are interested in becoming one, the next class will be offered at MCSA on October 26 & 27.

You could join a Committee!

Every committee welcomes additional help specific to the tasks of the committee but we have a need right now for a new Raffle Chairman, Bill Zeigler would like to hand over the reins to someone new. Even if you think you don't know anything about the tasks, committee members are happy to show you how, so don't let that stop you!

If you are interested in learning what is involved as Raffle Chairman or you'd like to find out how to join the committee and help sell tickets for volunteer hours, see or contact Bill Zeigler, wmzeigler@msn.com or 206-919-0488.

And finally, it's not too early to start planning for fall and the **Air Pistol Booth** at Oysterfest in Shelton, WA October 5 & 6.

If you are interested in putting your name on a list to help set up, tear down or work the booth for Oysterfest, please email Lynn at secretary@masoncountysa.com.

Members

By Fred Nachbar

Being a member of MCSA brings with it a lot more than just being a member in a great sportsman's club. Being a member also brings with it associations with other members with very wide experiences in all matters of the shooting sports. From basic pistol and rifle instructors, Range Safety Officers to hunter education, reloading and information on just about everything to do with the shooting sports.

To access this vast reservoir of knowledge one just has to show up at any or all of the offered events and ask questions on the subject or subjects that you need information about. Members are willing to part with knowledge to assist another member or members.

For instance I had been having a problem with my pistol caliber carbine not firing consistently. I knew that it was a trigger reset issue and reasoned that a slightly lighter recoil spring probably would solve the problem. Taking my time and reasoning it out I was pretty sure about the approach. Being extra cautious (and frugal) I asked a friend who is a member what he thought. He asked another member with experience with the type of carbine I was using and this member knowing I had put in a different trigger with a lighter pull. He told me that the problem was probably I had tighten the anti roll pin screw to tight. I loosen the pin's screw a quarter turn and it corrected the problem. Much simpler and inexpensive.

One of the ladies that comes to the Monday morning open shoot is a newer shooter. After taking the Basic Pistol Course offered by MCSA she started coming on Mondays and has benefited from individual coaching to augment the things she learned in Basic Pistol Class and picked up and honed other skills. The biggest asset was having someone to guide her and through practice, to gain confidence. Again, I encourage members to access the vast knowledge base that is MASON COUNTY SPORTSMAN'S ASSOCIATION.

All you have to do is show up and ask!



Ladies of Caliber

- July 21 Field Trip, details to come
- Aug 18 Open Topic
- Sept 15 Defensive Drills with CRSO Terry Miller
- Oct 20 Chief Deputy Sheriff Ryan Spurling will speak
- Nov 18 Firearm Cleaning Clinic with Gary Mills of Curly Wolf Guns
- No LOC event in December

We meet from 3 – 6 PM, 3rd Sunday of the Month. Cost for each meeting is \$8 MCSA member/ \$10 nonmember.

Bring your unloaded firearm in a box or bag, at least 50 rounds of ammunition, eye and ear protection and a brimmed hat. Most meetings include range time for practice in addition to the program.

Contact Kim 360-507-0009 or
Lynn 206-406-3562

Check out our Facebook group [Ladies of Caliber at MCSA](#)

Mason County Sportsman’s Association Board of Directors

info@masoncountysa.com

- President:** Arne Anderson: 360-877-9081
- Vice President:** Tiffani Prouty 360-870-1119
- Treasurer:** Marv Voskuhl: 360-426-6461
- Secretary:** Lynn Ludeman: 206-406-3562
- Executive Officer:** Mark Gardner 360-791-4256
- Jr. Program:** Pat Casey 360-432-9306
- Trustee:** Keith Vanderwal: 360-426-1114
- Trustee:** Eugene Scherer: 360-426-2745
- Trustee:** Gordon Osberg: 360-426-5172

Welcome to Pat Casey, the new Jr Program Chairman! Look for a brief introduction in the next newsletter!

MCSA Event Schedule

- First Sunday** 9:30 am: USPSA Match
- Third Sunday** 3 pm: Ladies of Caliber
- First Tuesday** 5 pm: Practical Pistol Competition
- Second Tuesday** 5 PM: Action Pistol League
- Third Tuesday** 5 pm: Tactical Carry Action Pistol League
- Fourth Tuesday** 5 pm: 2Gun Action Pistol League
- First Wednesday** 6:30 pm: General Membership Meeting
- Second Wednesday** 6 pm: .22 Rifle Shoot
- Third Wednesday** 6 pm: Plate Race
- First Thursday** 6 pm: NRA Winchester .22 Pistol Marksmanship
- Second Thursday** 6 pm: Steel Shoot
- Third Thursday** 6 pm: NRA Winchester .22 Rifle Marksmanship
- Fourth Thursday** 6 pm: Winchester Defensive Pistol, .380 or larger cal pistol
- Fridays** 6 pm: Bullseye

Please go to Masoncountysa.com and click on “Club Calendar” tab for the current schedule.

If you ever wonder what’s going on at the range this week, check out our ad with the week’s schedule on the back page of



Training Schedule for 2019

If you have ever thought about getting some additional training, check out the opportunities below:

July 13	Multi State Concealed Carry Class
July 13	Pistol for Beginners
Sept 7 & 8	NRA Basic Rifle
Sept 28 & 29	NRA Basic Pistol
Oct 26 & 27	NRA Range Safety Officer Certification

For full details on each of these classes, go to www.masoncountysa.com, click on Training and Education tab. You can also email us at training@masoncountysa.com.

Please Consider

Did you know the proceeds from Raffle sales have brought in approximately 12% of the total revenue in the last 12 months? Over the last four years, the net profits have contributed more the \$26,000 to the club, and we still have one more general raffle and the Christmas raffle left to go this year!

Bill Zeigler has notified the BOD that he will be stepping down as Raffle Committee Chairman at the end of 2019 after four years of serving in that position. Since this is not a Board position, the new Chairman can take over at any time and Bill is ready to start training his replacement. Claire Voskuhl has been designing the poster that have been very effective in helping with sales. While there have been many "helpers" selling tickets, Alex Lev has sold the "lions share" of tickets.

If you would like to know more about what the Raffle Chairman does, or if you are ready to step up and "take the reins", please contact Bill at 206-919-0488 or Lynn at 206-406-3562.

Raffle Central

By Bill Zeigler

AND THE WINNER IS Dan McCarty for the S&W Shield and Perry XXX for the 380 EZ pistol from S&W. The two gun raffle was a big success with all 650 tickets being sold and a net profit for this fundraising effort of \$2,330. There were lots of working hours awarded and congrats to Kim Lawrence of Spencer Lake Bar & Grill for selling the most tickets, 100.

The Mossberg shotgun raffle started June 1st. I printed 650 tickets for it, with a drawing date of Sept. 5th. As of today, there are only 75 undistributed tickets so it is very likely to sell out also. The Mossberg prize was donated by the Friends of NRA.

My friend, Kelley, Smith & Wesson Premium Accounts Team Leader, retired May 1st after many years of employment at S&W and several years of assisting MCSA with fundraising activities, contributing many hats, mats, and other swag. I also have decided to retire from the Raffle Committee Chair, effective December 31st. It is time for me to discover other activities at MCSA and in our community. Call/write me or Lynn or Arne to express your interest in being Raffle Committee Chairman. I'll be there for you for the orientation and assistance you may want.
Bill Z
206-919-0488

Notice to MCSA raffle winners

The IRS requires issuance of a Form 1099 MISC to winners of a prize with a value (our cost) of \$600 and over. A copy also goes to the IRS. This amount will have to be reported on the winner's income tax return.

Ladies of Caliber

By Lynn Ludeman

(editor: Hello ladies (and men for that matter) have you ever wondered what went on at the monthly Ladies of Caliber (LOC) meetings? Lynn Ludeman has provided a brief recap of the year's events so far....)

The Ladies of Caliber have had a great year so far, with quite a few interesting monthly events. Here are some highlights:

In February, we were joined by MCSA CRSO Terry Miller and discussed defensive thinking relating specifically with firearms; and finished the event with some defensive style drills. We always learn from whatever program is presented but our learning is deepened and further developed when we make time for questions and discussion.

March was a popular LOC event, where we talked about firearm fit and choice, with the help of Gary Mills and Erika Schwender of Curly Wolf Guns.

For many of us, myself included, I was pleasantly surprised at how much I learned about ammunition from Gene Scherer in April. Gene was generous with his time, and we spent most of our event with discussion. We did still have time to get out to the range for some practice, and Gene gave a short lesson on Sight Adjustment.

In May we talked about Holster Fit and Choice with Erika Schwender who brought so many holsters to examine and discuss it filled the tables. Most of what we examined and discussed was in the context of concealed carry rather than open carry or competition.

Our last LOC event in June was a departure from what we normally do. Greg Beck very generously set up the plate racks for us (on Father's Day) and we experienced the plate race match, Ladies of Caliber Style! Since this was an introduction into competitive shooting for most of us, it was challenging on many levels, but everyone did very well and we all had fun! Greg was a great match director, explaining things clearly and seemed to enjoy himself as well.

The next 2 LOC events are in development but in September we will return to the Defensive Drills with Terry Miller, in October we'll have Chief Deputy Sheriff Ryan Spurling speak and finish up our year in November with a Firearm Cleaning Clinic with Gary Mills and Erika Schwender of Curly Wolf Guns. There will be no LOC event in December.

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Contact Kim 360-507-0009 or Lynn 206-406-3562



Sue A doing the Plate Race



Jeanie S and Greg



Carla B and Gregg

With Winning in Mind: Mental Management System – Part 6

Compilation by Carla Baker

Principle Number 5 - Self-Image and performance are always equal. To change your performance, you must first change your Self-Image.

Your Self-Image, made up of your habits and attitudes, makes you "act like you". We all have our own way of behaving. However, it's not etched in stone, you can change. We all change as we age. You can determine the direction of change, or not.

We are limited by our Self-Image. Any time you perceive you aren't acting "like you", your SI will make changes to get back in your comfort zone. The upper and lower limits of your comfort zone are defined by your Self-Image. As long as you are in that zone, your Self-Image is content to leave you alone. Score lower than your limit and you'll get a boost to improve and get back within the zone. Likewise, score higher than your comfort zone and your Self-Image will drag you down to your "normal".

Lanny's **Action Statement for Principle Number 5** - *I am aware that my performance and Self-Image are equal. I am eager to change my habits and attitudes to increase my performance.*

Principle Number 6 - You can replace the Self-Image you have with the Self-Image you want, thereby permanently changing performance.

We all know something needs to change to do better; but we want the changes to come from outside, not from ourselves. Mostly we think we're pretty good just how we are, it's comfortable, even if not exactly what we want. We want someone/something else to do the changing. It takes effort to change - we resist change.

Your Self-Image resists change. Your Self-Image talks to you, telling you to "act like you." It takes firm commitment to override your Self-Image talk to replace the *you* you have with the *you* you want. Are you ready? Start today.

Lanny's **Action Statement for Principle Number 6** - *I am responsible for changing my Self-Image. I choose the habits and attitudes I want and cause my Self-Image to change accordingly.*

Principle Number 7 - The Principle of Balance: When Conscious, Subconscious and Self-Image are all balanced and working together, good performance is easy.

When Conscious, Subconscious and Self-Image are all balanced and working together, you are in a Triad State. It's a wonderful feeling and has been experienced by almost everyone at one time or another, but not often enough.

The challenge is to experience it under pressure and on demand. Some score well in practice, but not in competition. We desire to have consistent mental performance all the time.

Mental Management – the process of improving the probability of having a consistent mental performance, under pressure, on demand.

Newsletter

Please feel free to submit an article or picture for consideration in the newsletter. The newsletter depends on articles of interest to our members. Please let us know if you have any ideas for an article, or if you would like to write one. Please send to valeriejean91360@yahoo.com

Thoughts from the Editor

MCSA is a 300+ member organization, with an all-volunteer Board of Directors made up of 6 officers and 3 trustees. The Board of Directors (BOD) is responsible for governing MCSA. If you have served on a BOD, you know running an organization requires countless, and many times, thankless, hours dedicated to trying to ensure the organization runs smoothly. In addition to the hours required of a BOD, it takes a lot of membership/volunteer hours to do everything necessary to fulfill the goals of the organization itself.

Please remember the Club is only as good as the people who are willing to step up and participate! You don't have to be a BOD member to make a difference! Come to a meeting! Volunteer on a committee or for an event! Help with the Juniors! Clean the bathroom! Write an article for the newsletter! Every little thing helps make this a better Club for all members. If you are willing to take on a larger responsibility, run for a position on the Board. The Officers are elected every year in December and the Trustees have a 3 year rotating election cycle.

At the next General Meeting on July 3rd, there will be a vote on a recall of the Treasurer of MCSA. This is an opportunity for every member in good standing to have their vote counted.

Alex Lev

By Bill Zeigler

Over my past 3-1/2 years as Raffle Chairman, one member has consistently sold the most tickets. Here is his story:

Alex Lev was born in Formosa (now Taiwan) in 1949. His extended family immigrated to Israel in about 1951 and lived in Kibbutz Yiffat.

He served in the Israel army, trained as a paratrooper and served in the logistics service. In 1973 he and his wife immigrated to the USA, settling in Santa Monica. In 1976 he married new wife, Barbara, who passed away in December, 2000. He moved to Shelton in 2002 and worked at Gillis Auto Center until he retired.

In 1989, he became an American citizen. In 2012, Alex joined MCSA to satisfy his passion for guns and shooting. Since joining MCSA, he has completed the NRA First Steps class, CMP training and also NRA RSO training. His favorite firearm is his 1911 Desert Eagle 45 cal semi-auto.

Alex has assisted the junior's program for 3 years and regularly attends Monday morning "Brunch Bunch" shooting and brunch. He also has assisted in the operation of the shooting booth at fairs.

Alex is a strong 2nd Amendment advocate and is known around town as an open carry citizen and for his eagle decal truck. His apartment is also festooned with US Eagle decorations and American flags.

His contribution to the fund raising success of the MCSA raffle has been substantial.

